

Basics to Using the NIKON **Z6 & Z7** for VIDEO

The Z6 & Z7 are Nikon mirrorless cameras. The cameras functions and design are identical. The Z6 is available at Media Tech. The Z6 & Z7 are also available on a limited basis with permission through the College's equipment room.

These instructions also apply to the newer Z6ii and Z7ii models.

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- Reset the Camera **each time** you sign it out
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- **Format** the XQD card
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- Switch the camera to Video mode with the DISP button
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- Use the 'i' button to access the touchscreen video menu

IMAGE QUALITY:

- 1920x1080 30fps or 24fps (typically we'll use 30fps)
- Movie quality – **high** Movie file type – **MP4**

CONTROLS:

- Shoot on MANUAL exposure so the exposure doesn't fluctuate within a shot.
- DON'T use auto white balance - your colors will fluctuate
- SHUTTER Speed - **1/60 of a second**. Don't use faster shutter speeds.

- Use a TRIPOD
- Wear headphones

AUDIO:

The Z6 allows you to adjust levels and LISTEN with headphones while recording.

- Set the levels manually or, in certain situations set the levels to 'A'.
- Press the 'i' button and use the touch screen to access audio and adjust levels.

•WEAR HEADPHONES. NO EXCUSE NOT TO.

To Shoot Video

Use the DISP button to make sure you're in VIDEO mode

Press the **red** button on top of the camera to start and stop video recording